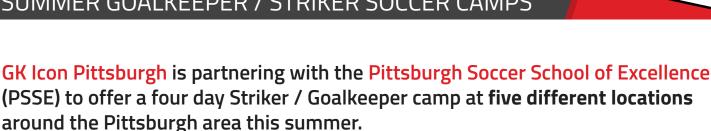
# GK ICON PITTSBURGH PARTNERS WITH PITTSBURGH SOCCER SCHOOL OF EXCELLENCE

SUMMER GOALKEEPER / STRIKER SOCCER CAMPS



The first part of training each topic will be devoted to the technical aspects of the player's respective positions. Strikers will work with the Pittsburgh Soccer School of Excellence staff on the finer points of being a striker while all goalkeepers will work with GK Icon Pittsburgh on the finer points of goalkeeping. The second half of the lesson will be devoted to having each position practice their refined skills on each other in a competitive environment.

#### **Striker Training Topics Include:**

Ball striking with both feet, power, accuracy, one on one moves against a defender, crossing, finishing w/ head (12 and older only), volleys, half-volleys, striking with different parts of the foot, one touch finish, dribbling with speed, placement finishing, direct/indirect kicks, set piece plays, quick kicks, running off of the ball, and in-game situations.

## **Goalkeeper Training Topics Include:**

Shot stopping, diving, prying, catching, angle play, dealing with crosses (catch, box, punch), one on ones vs a forward, creeping, 50/50's, reaction saves, communication, setting up walls and corner kicks, penalty kicks, and proper in game positioning (goal arc and ball line).

### **CAMP LOCATIONS AND DATES**

- > June 13th 16th: Graham Park, Cranberry PA.
- > July 11th 14th: Baldwin/Whitehall, Pittsburgh PA.
- > July 18th 21st: Northmoreland Park, Apollo PA.
- > August 1st 4th: TBD
- > August 8th 11th: Ohio Township Park, Sewickley PA.



DAY/TIME	AGENDA	GK AGENDA	ST AGENDA
Monday 9:00 – 11:30	Shots	Handling, Catching, Set Position	Ball Striking, 1:1 moves
Monday 12:30 – 3:00	211012	Game Related: 1 and 2 Touch Finishing, Striking off of the Dribble	
Tuesday 9:00 – 11:30	Crosses	Catch, Box, Punch	Finish: Head, Volley, One Touch
Tuesday 12:30 – 3:00		Game Related: Crossing/Finishing at all Levels and Angles	
Wednesday 9:00 – 10:15	1:1	Creeping, 50/50's, Reaction Saves	Dribble w/ Speed, Placement Finishing
Wednesday 10:15 – 11:30		Game Related: One on One's, Through Balls, Game Situations	
Wednesday 12:30 – 1:45	Set	Set up Walls, Corner Kicks, Penalty Kicks	Direct, Indirect, Run off of the Set Piece, Quick Kicks
Wednesday 1:45 – 3:00	Pieces	Game Related: In Game Situations Dealing w/ Set Pieces	
Thursday 9:00 – 10:15	Run of	Communication, Goal Arc, Ball Line	Runs off of the Ball, In-Game Situations
Thursday 10:15 – 11:30	Play	Game Related: In Game Situations, Games	
Thursday 12:30 – 2:00	Review	Goalie Wars, Shooting Contests, Games	
Thursday 2:00 – 3:00	Dismissal	Camp Awards, Evaluation Handouts, Good-bye	

## TRAINING TOPICS (GOALKEEPING VS STRIKERS)

## 1 SHOTS

Handling, Catching, Set Position vs Ball Striking, 1:1 Moves – at all angles

# 2 CROSSES

Catch, Box, Punch vs Crossing, Finish with Head (12 and older), Volley, One Touch

## 3 ONE ON ONE

Creeping, 50/50's, Reaction Saves vs Dribble with Speed, Placement Finishing

## 4 SET PIECES

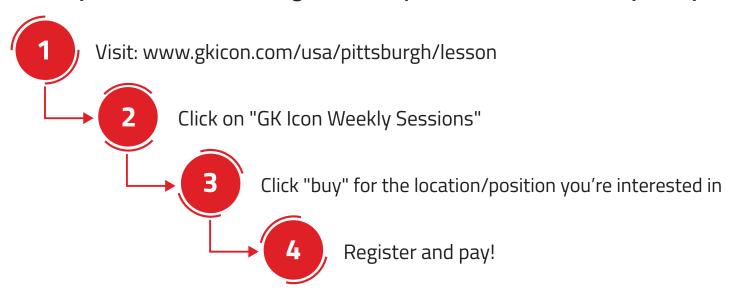
Walls, Corners, PK's vs Direct, Indirect, Run off the Set Piece, Quick Kicks

## 5 RUN OF PLAY

Communication, Goal Arc, Ball Line vs Run off of the Ball, In-Game Situations

#### **SIGNING UP!**

### Goalkeepers and Strikers can register for any of the locations in 4 simple steps:



#### **COACHING STAFF**

#### Erik Eisenhut, Owner and Head Trainer at GK Icon Pittsburgh

Coach Eisenhut's goalkeeper coaching interest originated as a student and later as a teacher under Tony DiCicco at SoccerPlus Goalkeeper School (soccerplus.org). Erik has his National Soccer Coaches Association of America (NSCAA.com) National, Regional and State Goalkeeping Coaching Diplomas as well as all required State of Pennsylvania coaching clearances. He is a long-time member of the world-wide goalkeeper coaches' network, GK Icon (gkicon.com/usa/pittsburgh).

**Website Testimonials YouTube** gkicon.com/usa/pittsburgh | gkicon.com/usa/pittsburgh/catchup | search GK Icon Pittsburgh

Samuel Dodds, Owner and Head Trainer at Pittsburgh Soccer School of Excellence Coach Dodds founded the Pittsburgh Soccer School of Excellence with the belief that soccer programs should be focused on having quantifiable growth in all students. This belief was forged from over 15 years of playing experience in both Ireland, Scotland, and the United States. Since then Samuel has earned 6 national coaching licenses. Recently he graduated from the university of Delaware/NSCAA master coach diploma based around the UEFA A, and pro licenses model. Candidates who successfully complete the curriculum should become what Andy Roxburgh (Technical Director – UEFA) terms a "Da Vinci Coach" and be positioned to be an influential figure in the evolution of an American soccer culture.

Website and Testimonials pittsburghsoccerschool.com

**CONTACT** US

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